



Center for Health & Wellbeing

**CHILDHOOD WELLNESS AND OBESITY:
HOW YMCAs CAN HELP COMMUNITIES TAKE ACTION**
Princeton University
January 26, 2007

- 8:45-9:15 Anne-Marie Slaughter, Dean, Woodrow Wilson School; Bert G. Kerstetter '66
University Professor of Politics and International Affairs
- 9:15 – 9:30 **KEYNOTE**
- Neil Nicoll, President and Chief Executive Officer of YMCA of the USA
(Y-USA)
- 9:30 - 10:15 **OVERVIEW OF THE ISSUES**
- Moderator:**
William Lovett, CEO, Metuchen Edison Woodbridge YMCA
- Speaker:**
Christina Paxson, PhD, Professor, Economics and Public Affairs, Center for
Health and Wellbeing, Woodrow Wilson School, Senior Editor, Future of
Children Journal
- 10:15 – 10:30 **BREAK**
- 10:30-11:30 **IMPROVING NUTRITION and PHYSICAL ACTIVITY IN OUR
SCHOOLS AND COMMUNITIES**
- Moderator:**
Lisa Markman, Associate Director, Education Research Section
- Speakers:**
Sandy Sherman, MS, EdM, EdD Direction of Nutrition Education, The Food
Trust
- Charlene R. Burgeson, Executive Director, National Association for Sport
and Physical Education (NASPE)
- 11:30-12:45 LUNCH (Shultz Cafeteria and Room 011 and 023)

12:45 -1:45

NEW JERSEY'S HEALTH AND FITNESS POLICIES: THE ROLE OF YMCAS

Moderator:

Gary Graham, Management Consultant for YMCA's in NJ

Speakers:

Cynthia Capaccio, Food Service Director, Aramark at Montclair Public Schools

James McCall, PhD, Coordinator, Health and Physical Education, New Jersey Department of Education

Paul Mickiewicz, Senior Program Director, Montclair YMCA

Dr. Jeanne Pryor, Assistant Superintendent, Montclair Public Schools

Kathleen Smith, Coordinator, Montclair Public Schools Health & Wellness Initiative

1:45 – 2:15

WHERE DO WE GO FROM HERE?

William Lovett, CEO, Metuchen Edison Woodbridge YMCA

2:15-2:30

CLOSING